



2018-2019 Frostbite Sailing Instructions

1. Spirit of the Racing Program - The spirit of this Program is "camaraderie ahead of competition." The Club wishes to create a relaxed, friendly, safe and inclusive atmosphere where Members can enjoy their Club and improve their skills. An emphasis is placed on social gathering and all sailors are encouraged to stay after sailing to share food and drinks together.

2. Rules - All races will be governed by the rules as defined in *The Racing Rules of Sailing*.

3. Eligibility - The Frostbite Program is open to Member-owned Sunfish & Laser dinghies, plus the possibility of a 2-person FJ. Racing at the Club is a Member-only program and Owners can determine which Members sail their boat. If the owner wishes to permit a non-Member to sail their boat on a special basis, they must apply in advance to the Club Manager.

4. Entry Fees - The Entry Fee is \$10 per race day and will be billed to your Club account.

5. Notices to Competitors - Notices to Competitors will be posted at the clubhouse. Any change in the sailing instructions will be posted before 8:00 AM on the day it will take effect, except that any change to the schedule of races will be posted at least one day before.

6. Signals Ashore - Signals made ashore will be displayed at the clubhouse. Code Flag "AP" with 2 sound signals (one sound signal when lowered) means "The race is postponed, do not leave the harbor." The time of the warning signal will be made known before the lowering of "AP."

7. Schedule - Races are held on Saturday morning. The Clubhouse opens at 9:30 am and the first race begins at 10:30 am. No race will be started after 12 noon.

Special Regattas:

Opening Day Regatta - Saturday, November 3, 2018

Turkey Bowl - Saturday, Nov 24, 2018

The Ice Bowl - Tuesday, Jan 1, 2019

Frostbite Series:

Fall (7 weeks): Nov 10, 17, Dec 1, 8, 15, 22, 2019

Winter (7 weeks): Jan 5, 12, 19, 26, Feb 2, 9 & 16, 2019

Spring: (6 weeks): Feb 23, Mar 2, 9, 16, 23 & 30, 2019

8. Racing Area - Two race areas will be available for the Race Committee to select. The Outer Area will be in the cove where the Honorable William Wall is anchored and may be used if the wind and current conditions are deemed safe. All other races will be in the vicinity of Morris Canal.

9. Courses and Marks - Courses will be around orange inflatable buoys set by the Race Committee. All marks to be left to port.

- Course A - triangle with finish to leeward

- Course B - Modified Olympic, finish to leeward
- Course C - Windward-Leeward, twice around finish to leeward.

10. Starting & Sequence - The Starting Line will be between the Race Manager and an orange flag inflatable buoy. 3 Minute dinghy starts will be used signaled by a whistle. There will be no flags.

11. Individual & General Recalls - Individual & General Recalls will be signaled verbally by the RC.

12. Finishing - The Finish Line is the same as the starting line.

13. Canceling Races & Time Limit - The Race Committee may cancel and restart a race for any reason at any time. If a boat was in the lead, the RC owes that boat a 6-pack of beer.

14. Protests - No protests are allowed. If you feel a person has fouled you, you may verbally hail them to request a 360 degree turn. If someone asks you to do a turn, you are required to do so. If you require a person to do a turn, you must report this to the RC who will keep a list publically displayed in the clubhouse of who required turns and how many times. You do not want to be on this list.

15 - 360 Degree Turn - A boat that may have broken a rule while racing may take a 360 degree turn instead of a 720 degree turn.

16 - Right of Way for Ferries - Ferries in Morris Canal have right of way.

17. Scoring & Standings - Scores will be kept for every race and a sailor may drop 1 race for every 5 races completed. Standings will be determined by average finish. You must participate in 50% or more of the race days to qualify for a series. Any boat scoring DNF, DNS or other special finish will be given one more point than the number of finishers with no additional penalty points assigned (i.e. if only 1 boat finishes the race, everyone else will be scored as 2nd).

18. Awards - Prizes will be awarded to the top finishers at the end of every day. For fleets with 4 or fewer boats, first place will receive a prize. For fleets between 5 and 7 boats, the top 2 boats will receive a prize. For fleets of 8 and more boats, the top 3 will receive a prize.

19. Flotation Devices - Every sailor must wear a personal flotation device at all times while on the water. Inflatable devices are not permitted in the dinghy program.

20. Ice - No sailors are permitted on the docks when there is ice on the docks.

21. Skills & Safety - Sailors must be self-sufficient in this program. We are not set up to manage races and rescue people as well. To begin sailing, you must demonstrate to the RC your ability to capsize and right the boat. Then you should sail within your skill level. If it is very windy, stay within Morris Canal and practice. Don't head out and require rescue. For protection against hyperthermia, sailors should wear dry suits or wetsuits from January through March. If you get wet, you should consider returning to dock as a precaution against hyperthermia.